

When you seek to change, are you attempting to change your situation or your experience? Often, when we try to change our “life’s situation”, what we really want to change is our experience. It is our experience of situations (not the situations themselves) that cause us pain, fear, anger, or anxiety. This is because all experience is internal and not external. Join us for a four part discussion on how to bring about complete emotional, mental and physical transformation of your life experience

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# TRANSFORMATION

## CHANGE FROM AN ENERGETIC PERSPECTIVE

### A 4 PART DISCUSSION SERIES

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**DATES/TIMES**    Part 1 - Beliefs - Friday, May 15th ~ 7:30-9:30m  
Part 2 - Choice/Consequence -Friday, May 22nd ~ 7:30-9:30pm  
Part 3 - Resistance to Truth - Friday, May 29th ~ 7:30-9:30pm  
Part 4 - Change or Die - Friday, June 5th ~ 7:30-9:30pm

**PLACE**    TEMPLE 2  
2150 Mariner Square Dr, Alameda, CA  
\*Please enter through the large side door from the parking lot.\*  
\*Temple 2 is a shoe-free environment

**REGISTER**    (510) 854-9987, 9 am–5 pm or [wiah@i-wiah.com](mailto:wiah@i-wiah.com)

**FEE**    \$20 per person with advanced registration  
\$30 at the door.  
*Pre-register for any two change discussions for \$35 or the entire series for \$60!*



[i-wiah.com](http://i-wiah.com)

## ABOUT THE FACILITATOR

Wiah is a Ghedee Master, spiritual counselor, facilitator and coach with over 30 years of experience in various healing arts. He began his teachings in West Africa and has dedicated his practice to assisting those in need of intellectual, emotional, physical and spiritual growth/remembrance.