



The Ghedee Centre Presents

AN INTRODUCTION TO GHEDEE PHILOSOPHY

Ghedee (*jee-dee*) is a Philosophy of Living — it is a practice, not a religion. Ghedee Philosophy is a system/tool that allows you to perceive and understand yourself and the world around you from the fullest possible perspective. Your individual perspective creates your reality. Therefore, the fuller or more inclusive your perspective, the more harmoniously balanced your choices and actions.

Ghedee Philosophy is based on the understanding that absolutely everything perceived or imagined is mbec (*um-beh*) or energy in the form of vibration, and energy is the first manifestation of all there is, or could ever be. Mbec/Energy is the one constant in all existence, and all reality. This truth is reflected in everything we know. The fundamental essence of Ghedee Philosophy is learning to view and engage everything from its most basic foundational elements to achieve harmonious balance.

Join us as we explore the fundamentals of Ghedee Philosophy and learn how to achieve and maintain a harmoniously balanced universal perspective in daily life.

DATE & TIME

Part 1 - Sunday May 26, 2024 - 9:30am - 12pm

Part 2 - Sunday June 2, 2024 - 9:30am - 12pm

Part 3 - Sunday June 9, 2024 - 9:30am - 12pm

PLACE

The Ghedee Centre & Zoom

2150 Mariner Square Dr, Alameda, CA

The Ghedee Centre is a shoe-free environment.

Please enter through the side door from the parking lot.

REGISTER

(510) 854-998, or register online at theghedeecentre.com

FEE

\$20 per class or \$50 for the entire series.



i-wiah.com

ABOUT THE FACILITATOR

Wiah is a Ghedee Master, counselor, teacher, and facilitator with over 30 years of experience in various healing modalities. He began his Teachings in West Africa and has dedicated his practice to teaching Ghedee Philosophy, and assisting those in need of Guidance, Awareness & Balance.